

# TO EAT

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- Changes to menu items are not permitted;
- IVA included at the current rate;
- If you are allergic to any food product, please inquire with one of the collaborators;
- No dish, food product or drinks, including “couvert”, can be charged if not requested by the costumer, or unused by them.

**V** VEGETARIAN

## BREAKFAST

Everyday from 8h30am to 11h30am



### FOZ menu

10,00€

- 2 Scones or
- 1 Brioche croissant
- Butter
- Jam
- Orange juice (20cl)
- 1 Yoghurt with fruit and granola
- Coffee or tea

### DOURO menu

12,00€

- Fruit salad
- Classic scrambled eggs with brioche toast
- Juice of your choice (20cl)
- 1 Mini “pastel de nata”
- Coffee or tea

## YOGURT and AÇAÍ \*



- Greek yogurt, fresh fruit and granola
- Açaí, fresh fruit and granola
- Açaí, Greek yogurt, fresh fruit and granola

6,00€  
6,00€  
6,50€

## CREPES and PANCAKES (oatmeal) \*

- Simple
- Chocolate and whipped cream

3,50€  
5,00€



### \* EXTRAS

- Butter + 0,60€
- Raspberry jam + 0,70€
- Honey + 0,70€
- Sliced almonds + 0,80€

- Caramelized walnuts + 0,80€
- Chia seeds + 0,80€
- Pumpkin seeds + 0,80€
- Granola + 1,00€

- Nutella + 1,50€
- Fresh fruit + 2,00€

## EGGS

(In “pão d´aldeia” bread toast\*)



- Poached eggs with avocado **V** 9,50€
- Classic scrambled eggs **V** 7,00€
- “Ovos rotos” with sausage, mushrooms and truffe oil 10,50€
- Potato, asparagus and prawns “revueltos” 10,00€

The terrace tables are reserved for lunch  
between 12 pm and 2:30 pm

## TO SNACK



- Olives and marinated lupins 2,50€
- Beetroot humus with grissini 4,20€
- Guacamole with vegetable crudités 5,50€

## Children's Menu

10,00€

- Schnitzel or Croquettes or Hamburguer on bread (With fresh fries and salad) + water 0,25cl

Monday to sunday from 12 pm to 3 pm

## SALADS \*



- CAESAR** | Iceberg lettuce, Caesar sauce, paermesan and croutons 8,50€
- MEDITERRANEAN** | Lettuce mix, mustard vinaigrette, honey and cherry tomatoes 8,50€
- TROPICAL** | Pickle of red onion, carrot, asparagus, mango, avocado and chilli 8,50€

## BOWLS \*

- Quinoa, cherry tomato, sweet potato, avocado, mango, sliced almonds, raspberry vinaigrette and lime mayonnaise 8,50€
- Black rice, ponzu sauce, pickled red onion, mango, avocado, sesame seeds and chilli 8,50€

### CHOOSE PROTEIN \*

- Ham and cheese (2 slices) + 0,70€
- Roasted tomato + 1,00€
- Tomato (1/2, laminated) + 1,00€
- Boiled egg + 1,20€
- Poached egg + 1,20€

### EXTRAS \*

- Bacon (3 slices) + 1,50€
- Paris mushrooms (80g.) + 1,50€
- Basmati rice + 1,50€
- Sweet potato + 1,60€
- Grilled chicken (120g.) + 2,00€

- Asparagus (4 units) + 2,00€
- Guacamole + 2,00€
- Quinoa + 2,00€
- Roast beef (80g.) + 2,50€
- Shrimp (65g.) + 2,50€
- Mango (1/2, laminated) + 2,50€

- Avocado (1/2, laminated) + 2,50€
- Salad bowl + 2,50€
- Black rice + 3,00€
- Smoked salmon (80g.) + 3,50€
- Braised salmon (80g.) + 3,50€
- Potato chips + 3,50€

### EXECUTIVE menu

16,50€

- Sopa
- Main course
- Glass of wine of the day or capsule drink
- Coffee

Monday to friday from 12 pm to 3 pm (except holidays)

Soup 2,70€

Suggestion of the day - price on request

## IN OUR BREAD



- SHRIMP TOAST** | ao gratin and green salad 9,50€
- SALMON TOAST** | braised salmon, avocado and poached egg 10,50€
- ROAST BEEF TOAST** | with parmesan, salad and mustard 10,00€
- ROAST BEEF FOCACCIA** | with spinach, mustard and egg 10,50€
- GRILLED CHICKEN FOCACCIA** | grilled chicken, iceberg lettuce, parmesan shavings and sun-dried tomatoes 10,50€
- SALMON FOCACCIA** | smoked salmon, guacamole and boiled egg 11,00€
- “PREGUINHOS”** | veal rump with mostard on bread 9,50€
- CHEDDAR CHEESEBURGER** | aged beef burger, caramelized onion, pickles, lettuce, tomato and garlic mayonnaise 12,50€
- CHICKEN CLUB** | toasted sliced bread, lettuce, bacon, egg, tomato, ham, cheese and chicken 10,00€

## HOT DISHES



- Confit cod loin, with almond and herb crust. Served with potatoes and vegetables 19,50€
- Portuguese steak with sliced fries 19,50€
- Braised salmon with avocado, mango and ponzu sauce. Served with black rice 12,50€
- Mixed mushrooms (Shiitaki, Portobelo and Brown) with barley and poached egg **V** 12,50€

## CREPES (savoury / with salad)

- Ricotta with spinach and egg **V** 10,50€
- Gratinated praws 11,00€
- Salted mushrooms and rucola **V** 10,50€

## BRUNCH menu

19,50€

- Mini croissant (2), Mini Malt Bread and Mini Rustic Bread / Orange juice / Cheese, ham and jam / Eggs of your choice / Yogurt with fresh fruit and granola / 2 Miniatures (Pastel de nata, éclair, glória...) / Coffee or tea
- (Extra Mimosa - 3,00€)
- Saturdays and Sundays from 10 am to 4 pm